## Wellness Policy Assessment Tool

This template provides information on wellness policy goals and practices within the SFA. Use this tool to track progress and gather ideas on ways to create a healthier school environment. A separate assessment should be completed for each school, or at a minimum, each school level. The wellness policy and completed assessment must be available to the public. Triennial assessment is required by USDA, annual assessments are encouraged in Louisiana.

SFA Name Glencoe Charter Policy Reviewer Loren Decuir

School Name V.B. Glencoe Charter School Date September 4, 2025

Select all Grades PKX KX 1X 2X 3X 4X 5X 6x 7X 8X 9X 10X 11X 12X

| Yes | No | N/A | I. Public Involvement  |
|-----|----|-----|--|
| X   |    |     | We encourage the following to participate in the development, implementation and evaluation of our wellness policy:                    |
|     |    |     | xAdministrators xSchool Food Service Staff xPE Teachers xParents   |
|     |    |     | xSchool Board Members xSchool Health Professionals xStudents xPublic   |
| X   |    |     | Person in Charge of Compliance:  |
|     |    |     | Name/Title: Kimberly Simon   |
| X   |    |     | The policy is made available to the public.  |
|     |    |     | Indicate how: On School Web Page   |
|     |    | Χ   | Our policy goals are measured and the results are communicated to the public.  |
|     |    |     | Please describe: Click or tap here to enter text.  |
|     |    | X   | Our district completes triennial reviews of the wellness policy. If more frequently, please describe: Click or tap here to enter text. |
| Yes | No | N/A | II. Nutrition Education  |
| Х   |    |     | Our district's written wellness policy includes measureable goals for nutrition education.   |
| X   |    |     | We offer standards based nutrition education in a variety of subjects (e.g. science, health, math, etc).                               |
| Χ   |    |     | We offer Nutrition education to students in:   |
|     |    |     | x Elementary School x Middle School x High School  |
| Yes | No | N/A | III. Nutrition Promotion   |
| Χ   |    |     | Our district's written wellness policy includes measurable goals for nutrition promotion.  |
| X   |    |     | We promote healthy eating and nutrition education with signage, use of creative menus, posters, bulletin boards, etc.                  |
| Х   |    |     | We have reviewed <i>Smarter Lunchroom</i> techniques and evaluated our ability to implement some of them.                              |
| X   |    |     | We place fruits and vegetables where they are easy to access (e.g. near the cafeteria cashier or near the front of the line).          |

| X                  |                  |     | We ensure students have access to hand-washing facilities prior to meals.  |
|--------------------|------------------|-----|--|
|                    |                  | Χ   | We annually evaluate how to market and promote our school meal program(s).   |
|                    |                  | Х   | We regularly share school meal nutrition, calorie, and sodium content information with students and families.  |
|                    |                  | X   | We offer taste testing or menu planning opportunities to our students. Something I'm going to start soon.  |
|                    | Χ                |     | We participate in Farm to School activities and/or have a school garden.   |
| X                  |                  |     | We only advertise and promote nutritious foods and beverages on school grounds (e.g. buildings, playing fields, etc).  |
|                    |                  | Χ   | We price nutritious foods and beverages lower than less nutritious foods and beverages.  |
|                    | Χ                |     | We offer fruits or non-fried vegetables in:  |
|                    |                  |     | □Vending Machines □School Stores □Snack Bars □ à La Carte  |
| X                  |                  |     | We have nutritional standards for foods/beverages served at school parties, celebrations, events, etc.   |
|                    | Χ                |     | We provide teachers with samples of alternative reward options other than food or beverages.   |
|                    |                  |     | We prohibit the use of food and beverages as a reward.   |
| Yes                | No               | N/A | IV. Nutrition Guidelines   |
|                    |                  |     |  |
| Χ                  |                  |     | Our district's written wellness policy addresses nutrition standards for USDA reimbursable meals.  |
| X                  |                  |     | Our district's written wellness policy addresses nutrition standards for USDA reimbursable meals.  We operate the School Breakfast Program:  |
|                    |                  |     |  |
|                    |                  |     | We operate the School Breakfast Program:   |
| X                  |                  |     | We operate the School Breakfast Program:  xBefore School □ In the Classroom x Grab & Go  |
| X                  |                  |     | We operate the School Breakfast Program:  xBefore School □ In the Classroom x Grab & Go  We follow all nutrition regulations for the National School Lunch Program (NSLP).   |
| X                  | X                |     | We operate the School Breakfast Program:  xBefore School □ In the Classroom x Grab & Go  We follow all nutrition regulations for the National School Lunch Program (NSLP).  We operate an Afterschool Snack Program.   |
| X<br>X             |                  |     | We operate the School Breakfast Program:  xBefore School □ In the Classroom x Grab & Go  We follow all nutrition regulations for the National School Lunch Program (NSLP).  We operate an Afterschool Snack Program.  We operate the Fresh Fruit and Vegetable Program.  |
| X X                |                  |     | We operate the School Breakfast Program:  xBefore School In the Classroom x Grab & Go  We follow all nutrition regulations for the National School Lunch Program (NSLP).  We operate an Afterschool Snack Program.  We operate the Fresh Fruit and Vegetable Program.  We have a Certified Food Handler as our Food Service Manager.  We have adopted and implemented Smart Snacks nutrition standards for ALL items sold during   |
| X X                |                  |     | We operate the School Breakfast Program:  xBefore School In the Classroom x Grab & Go  We follow all nutrition regulations for the National School Lunch Program (NSLP).  We operate an Afterschool Snack Program.  We operate the Fresh Fruit and Vegetable Program.  We have a Certified Food Handler as our Food Service Manager.  We have adopted and implemented Smart Snacks nutrition standards for ALL items sold during school hours, including:  |
| X                  |                  |     | We operate the School Breakfast Program:  xBefore School □ In the Classroom x Grab & Go  We follow all nutrition regulations for the National School Lunch Program (NSLP).  We operate an Afterschool Snack Program.  We operate the Fresh Fruit and Vegetable Program.  We have a Certified Food Handler as our Food Service Manager.  We have adopted and implemented Smart Snacks nutrition standards for ALL items sold during school hours, including:  □ as à La Carte Offerings □ in School Stores x in Vending Machines □ as Fundraisers |
| X  X  X  X  X  Yes | Д<br>X<br>X<br>Д |     | We operate the School Breakfast Program:  xBefore School   |
| X  X  X  X  X  X   |                  |     | We operate the School Breakfast Program:  xBefore School   |

| Χ  |       |         | We require physical education classes for graduation (high schools only).             |  |  |  |  |  |
|--|-------|---------|---|--|--|--|--|--|
| Χ  |       |         | We provide recess for elementary students on a daily basis.                           |  |  |  |  |  |
| Χ  |       |         | We provide opportunities for physical activity integrated throughout the day.         |  |  |  |  |  |
| X  |       |         | We prohibit staff and teachers from keeping kids in from recess for punitive reasons. |  |  |  |  |  |
| Χ  |       |         | Teachers are allowed to offer physical activity as a reward for students.             |  |  |  |  |  |
| Χ  |       |         | We offer before or after school physical activity:                                    |  |  |  |  |  |
|  |       |         | xCompetitive Sports    Non-competitive Sports    x Other Clubs                        |  |  |  |  |  |
| <b>VI. Additional Info:</b> Indicate any additional wellness practices and/or future goals used to establish a school environment that promotes students' health, well-being, and ability to learn. Describe progress made in attaining these goals. |       |         |   |  |  |  |  |  |
| To start a group of students to offer taste tasting on new items and other items to get feed back to see if it will be something healthy and nutrition for the students  |       |         |   |  |  |  |  |  |
| VII. Contact Information:  |       |         |   |  |  |  |  |  |
| For more information about this school's wellness policy/practices, or ways to get involved, contact the Wellness Committee Coordinator.   |       |         |   |  |  |  |  |  |
| Name   | Lorer | n Decui | r Position/Title Director   |  |  |  |  |  |

This institution is an equal opportunity provider.

Phone 337-923-6900

Email Idecuir@vbglencoecharter.org